



Spectacle World

N1 Value Centre,
Goodwood (exit 15 from the N1)
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www.spectacleworld.co.za

How to check your visual acuity:

- Take 3 large steps back from the printout (approximately 3 meters).
- Close your left eye and read the numbers on the chart with your right eye.
- Repeat step 2 by reading the numbers with your left eye.

Snellen Chart

2 8 3 5 4 7

7 4 6 2 8 2 1

7 2 6 4 8 3 5 2

3 8 7 5 2 1 4 9

6 9 3 7 4 2 1

Results:

If you have any trouble reading any of the numbers above, please contact us to make an appointment for a comprehensive vision examination, which will include testing for Glaucoma and Colour Vision as routine.

If you didn't have any trouble reading any of the above numbers - your visual acuity seems to be good - but this does not necessarily mean that there is a lack of refractive error or pathology, especially if you are over 40. It is still important to have your eyes checked regularly to ensure and maintain ocular health!